

Summer Clinics

Clinics are available throughout the summer on Wednesdays

Prices: Registered Families \$22.50 Non-Registered Families \$32.50

Clinics are designed and geared towards focused training. If you want your child to learn or perfect a skill, registering for a clinic is highly advised. Clinic time is spent focusing on drills, strength training and repetition. Times are 3:30-5:00.

Cartwheel Clinic: Children with any skill level can join us to learn the fundamentals of a cartwheel, perfect their cartwheel or be challenged with running cartwheels, one-handed wheels and into round-offs. Ages 3-14. 1 1/2 hour in length.



Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday June 22

Wednesday July 13

Wednesday August 3

Wednesday August 24

Back Handspring Clinic: Children at any skill level can begin to learn the early steps to more advance techniques of the back handspring. Ages 5-14. 1 1/2 hour in length.

Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday June 29

Wednesday August 10



Twister Clinics: Children who are looking to progress their beginning skills into a more intermediate skill level will greatly benefit from this clinic. This clinic is ideal for children who are currently in enrolled in our Intermediate Tiny Tumbler 2, Gym Dandies and Twisters gymnastic class however the clinic is beneficial to all. Ages 5 to 14 years. 1 1/2 hour in length.



Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday July 6

Wednesday July 27

Wednesday August 24

Tiny Flippers Clinics: Builds on the foundations set in the Tiny Tumbler 2 class and provides more intermediate skills for children to work on. Ages 4-7 years. 1 1/2 hours in length.

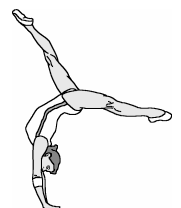
Schedule:

Please circle the day(s) you wish to sign your child up for.

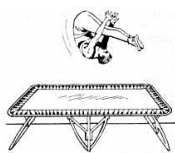
Wednesday June 22

Wednesday July 20

Wednesday August 17



TNT Tramp N Tumble Clinic: Children will spend the hour working on their trampoline and tumbling skills between the trampoline, tumbl trak and the floor tumbling area. This is a great energy and bouncing outlet that will have the kids moving and flying! Ages 3-14 years. 1 1/2 hour in length.



Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday June 29

Wednesday July 20

Wednesday August 10

Wednesday August 31

Rings and Bars Clinic: Children will focus on these two pieces of equipment to strengthen skills at all levels. Ages 3-14 years. 1 1/2 hour in length.

Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday July 6

Wednesday August 17

Cheer Clinic: Children will cheer, tumble and move in this physical and vocal clinic. Ages 3-8 years. 1 1/2 hour in length.



Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday July 27

Wednesday August 31

Boys Only Clinic: Boys will focus on all pieces of equipment to strengthen skills at all levels. Ages 3-8 years. 1 1/2 hour in length.

Schedule:

Please circle the day(s) you wish to sign your child up for.

Wednesday July 13

Wednesday August 3

Child's Name: _____ DOB _____

Please circle the above dates and times you wish to enroll your child for.

Additional Children:

Child's Name: _____ DOB _____

Please circle the above dates and times you wish to enroll your child for.